

ORGANIC VEGETABLES 27 July 2010

	SOURCE	PRICE/KILO
Aubergine - Eggplant	Holland	£ 4.00
Beetroot	Holland	£ 1.40
Broad Beans	UK	£ 2.30
Broccoli	France	£ 3.85
Broccoli	Whitmuir	£ 3.30
Bush Beans	Whitmuir	£ 7.00
Butternut Squash	Spain	£ 3.05
Cabbage - Red/White	Holland	£ 1.85
Carrots (bunch)	UK	£ 1.30
Carrots	Italy	£ 1.50
Cauliflower	UK	£ 1.40
Cauliflower	Whitmuir	£ 1.75
Celery (each)	UK	£ 1.45
Chard	Whitmuir	£ 8.50
Chilli Pepper - Green	Holland	£ 11.65
Chilli Pepper - Red	Holland	£ 11.65
Courgettes	UK/Whitmuir	£ 1.95
Cucumber (each)	UK	£ 0.95
Cucumber - Mini (each)	UK/Whitmuir	£ 0.50
Fennel	Whitmuir	£ 4.00
French Flat Beans	UK	£ 4.05
French Beans	France	£ 7.50
Garlic	Argentina	£ 7.50
Ginger	China	£ 7.85
Kohl Rabi	UK	£ 1.90
Lettuce	Whitmuir	£ 1.00
Mushrooms - Chestnut	UK	£ 6.50
Mushrooms - White	UK	£ 4.90
Onions - White	Holland	£ 1.90
Onion - Red	Egypt	£ 1.90
Pak Choi (each)	UK	£ 0.95
Parsley - flat/curly (bunch)	Whitmuir	£ 0.50
Peppers - Green	France	£ 4.50
Pepper - Ramiro	Holland	£ 6.50
Peppers - Red	Holland	£ 6.25
Peppers - Yellow	Holland	£ 6.40
Potatoes - Ambo/Orla	UK	£ 0.80
Potatoes New - Orla/Estima/Remarka/Colleen	UK/Whitmuir	£ 1.50
Radish (HALF LIST PRICE!)	Whitmuir	£ 1.00
Salad - Mixed (100g)	Whitmuir	£ 1.50
Spinach	Whitmuir	£ 8.00

Spring Greens (each)	UK	£ 1.20
Sugar Snap Peas	Whitmuir	£ 7.50
Tomatoes	Holland	£ 2.55
Tomatoes Cherry	Spain	£ 6.30
Tomatoes - Cherry Vine	Holland	£ 5.65
Tomatoes - Plum	Holland	£ 2.40
Tomatoes - Vine	Holland	£ 2.80

ORGANIC FRUIT 27 July 2010

	SOURCE	PRICE/KILO
Apples - Fuji	Chile	£ 3.05
Apples - Granny Smiths	Argentina	£ 2.80
Apples - Red Delicious	Argentina	£ 2.55
Avocado	Peru	£ 4.85
Bananas	Equador	£ 1.75
Blackcurrants (approx 250g punnet £2.50)	Whitmuir	£ 10.00
Gooseberries (approx 250g punnet £2.00)	Whitmuir	£ 8.00
Grapefruit - Star Ruby	Mexico	£ 2.35
Grapes - Black	Italy	£ 5.65
Kiwi	Chile	£ 2.30
Lemons	Italy	£ 2.70
Mango	Mali	£ 2.75
Melon - Galia	Spain	£ 2.85
Nectarines	Spain	£ 4.00
Pears - Anjou (HALF LIST PRICE!)	Argentina	£ 2.60
Pineapple (each)	Costa Rica	£ 2.80
Plums - Santa Rosa	Spain	£ 4.05
Rhubarb	Whitmuir	£ 3.50
Strawberries (approx 300g punnet £2.40)	Whitmuir	£ 8.00